

- Make sure that the watch is correctly set to the current time.
- Among the city names printed on the rotating indicator ring, find the city name representing the time zone which you are in.



[EXAMPLE]

TOKYO, 9:00AM Find the city name TOKYO on the rotating indicator ring.



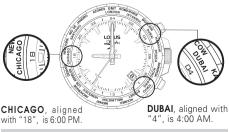
Rotating indicator ring

 Turn the Bezel until the city name becomes aligned with the number representing the current hour of the inner 24-hour indicator.



 The other numbers of the 24-hour indicator respectively show the current hour in the city with which it is aligned.

Check the number of the 24-hour indicator with which each city name is aligned.



Repeat the above procedures every time you check the current times of the other cities.

companison table of standard times			
GMT ± hours	Names of the cities		other cities
0	GMT	Greenwich Mean Time	London Casablanca Dakar
+1	PARIS(PAR)	Paris	Rome Amsterdam Tripoli Frankfurt Berlin
+2	ISTANBUL	lstanbul	Athens Cape Town Cairo
+3	MOSCOW	Moscow	Nairobi Kiev
+4	DUBAI (DXB)	Dubai	
+5	KARACHI (KHI)	Karachi	
+6	DHAKA (DAC)	Dhaka	Tashkent
+7	BANGKOK (BKK)	Bangkok	Phnom Penh Jakarta
+8	HONG KONG (HKG)	Hong Kong	Singapore Peking Manila
+9	ΤΟΚΥΟ (ΤΥΟ)	Tokyo	Seoul Pyngyang
+10	SYDNEY (SYD)	Sydney	Guam Khabarovsk
+11	NOUMEA (NOU)	Noumea (New Caledonia)	Solomon Islands
+12	WELLINGTON (WLG)	Wellington	Auckland Fiji Islands
-11	MIDWAY(MDY)	Midway	
-10	HONOLULU(HNL)	Honolulu	
-9	ANCHORAGE(ANC)	Anchorage	Dawson(Canada)
-8	LOS ANGELES(LAX)	Los Angeles	San Francisco Vancouver
-7	DENVER(DEN)	Denver	Edmonton(Canada)
-6	CHICAGO(CHI)	Chicago	Mexico City
-5	NEW YORK(NYC)	New York	Washington Montoreal
-4	SANTIAGO	Santiago (Chile)	
-3	RIO DE JANEIRO(RIO)	Rio de Janeiro	Buenos Aires
-2	470050		Cape Verde
-1	AZORES	Azores	

Comparison table of standard times

* There may be some countries where the daylight saving time is going on, and there can be cases where the time difference and daylight saving time of various countries are subject to change, suiting their own convenience.

* Major cities in the various countries of the world are described as the names of cities. Furthermore, please understand in advance that some specifications of our product are subject to change for the purpose of improvement.